

Williams Discusses Theory Of Coaching

by John Williams

As many perhaps know, coaching is not my chosen profession. Consequently, my theory of coaching comes not from years of coaching experience but from actively playing all sports. There are two very important factors that occur to me in developing part of my coaching theory. These are the physical and mental aspects leading to play.

It is most important for any good athlete to get himself in top condition if he expects to perform well in whatever sport he chooses. With this in mind, I justify my approach this year of having my basketball players run cross-country twice a week. Sheer running is one of the best conditioners for any type of sport, simply because it involves continuous movement.

Next, an athlete must condition himself in the explicit sport he is participating in. A boxer must use the bags and fight in the ring with sparring partners. A soccer player must work continually with his feet and head to develop pin-point kicking and player should spend hours of his heading control. A basketball time working on individual movements, fundamentals and shooting. This helps his mental condition as well for now he knows that he can perform when called upon to do so. His confidence is developed to the extent that he will have an intense desire to win.

The longer a person has played a sport the less time it takes him to develop to his fullest capacity each season. And yet it is essential that he doesn't overestimate himself in what he thinks he knows and can do. Even in sports one can have an "adventure in excellence". This means continual practice and dedication to the task that is set as a goal. This

goal is twofold. In the first place it is satisfaction with one's own performance. In the second place it is winning. The two to my way of thinking are connected. One cannot be satisfied with his performance if he loses—whether one is involved in a team effort or not. On the other hand one can win and still not be satisfied with his own performance. Give me this type of athlete and not the former.

This is the first of a series of articles by Coach Williams.

NEWSNOTES...

Monday:

Meeting of Lay-Out committee of Oak Leaves at 4 p.m. in multi-purpose room. W.A.A. Board Meeting at 4 p.m. in the work room. Green Key Club meeting in multi-purpose room at 4:30 p.m. Band Practice at 4:30 p.m. in Bowne Lecture Hall. Math Club Meeting at 7:30 in room 104 of College Building. Jackie Jones will speak about simple geometry. College Student Board Meeting at 8:30 in the Student Union Meeting Room.

Tuesday:

College Commuter's Club in the Private Dining Room at noon Sophomore Class meeting at 4 p.m. in the multi-purpose room. All University Swim from 7:30-9:30 p.m. Informal Dancing at 8 p.m. in the multi-purpose room.

Saturday:

Informal Dancing from 9-10:30 p.m. in the multi-purpose room.

Sunday:

President's Open House for students, faculty and administration from 3-5 p.m.

Monday:

Band Practice at 4:30 in Bowne Lecture Hall. College Student Council Meeting in Bowne Lecture Hall at 7 p.m.

President States Purpose Of Varsity "D" Club

by JERRY WILLIAMS

WHAT IS THE Varsity "D" Club? It is a sports oriented organization whose membership includes every male who has earned a gold letter, alumni included. In past years, the alumni participation in the club has been very inactive. This year we are trying to renew their interest through various methods, the main one being a news letter to keep them informed of the club's activities. Our first news letter brought a quick response with over 30 alumni paying their dues. The alumni, we hope, will actively support the club and its purpose in the immediate future. Their influence on the administration can be beneficial in carrying out of this purpose.

What is the purpose of the club? In a broad sense, it is to promote the athletic program at Drew. Our main way of achieving this is by rousing the latent interest in the student body for sports. The quick solution to a lagging support on the part of the students would be to build up the athletic teams. This year we hope to work with the Green Key Club in trying to interest prospective athletes in Drew. I believe that if an athlete is given the feeling that he is wanted and especially needed at Drew, it will greatly influence his choice of school. We hope to bring athletically inclined students to Drew for a weekend, and acquaint them with the prospective program on our campus. This is also another place where the alumni can help us, by encouraging good athletes to apply to Drew.

Next week we will discuss the tradition of the club, the Varsity "D" queen, and victory bell, along with the role of the individual Varsity "D" member in achieving a better Drew through better athletics.

OAK LEAVES OPENINGS

Anyone interested in joining the staff of the OAK LEAVES please fill out the application below and return to the Publications Office, Student Union or put in campus mail to George Eckstein by October 15. There are openings available for typists, photographers, literary writers, sports writers, and in the art, advertising, and layout staffs.

Name _____ Class _____
Major _____ High School _____
Previous Experience (if any) _____

Area in which you are most interested (please circle)

Literary Layout Art Typing Photography
Other (name) Sports

Rangers Win First Game Of Year; 5-1

THE DREW RANGERS fought their way to 5-1 victory over underdog Newark State in the soccer season's opener Saturday afternoon. Though obviously far superior to Newark, the Rangers failed to play up to their potential and were constantly plagued by poor passing in front of the visitor's goal and by inaccurate goal attempts. The large and spirited crowd jumped to its feet time and again as the Rangers reeled down to within feet of the goal, only to lose control of the ball. Most of the over 30 attempts went sailing over the goal, off to the sides or were soft kicks to the goalies. One bright spot of the day was freshman John Menke, who was indispensable on offense and especially at defense. Two other freshmen, Jay Kelsal and Ried Fraser turned in outstanding games. Virachai Naewbonnien, although having a mediocre day was high scorer with 3 goals.

Getting off to a fast start,

Drew had carried the ball down to the Newark goal and attempted a goal before half a minute of play had lapsed. This tremendous speed characterized the entire game and quickly exhausted the Newark players in spite of frequent substitutions. In spite of a weak front line, Newark managed to score the first goal of the game in the middle of the first quarter. Pederson raced out to trap the ball but stumbled and fell, leaving the goal wide open for Newark's inside right to boot in the ball which deflected off Woodbury's foot into the nets. Drew followed with several close attempts, one by Rice and two in rapid succession by Menke, which Newark's goalie barely tipped out. Vira and John Knox teamed up thru the quarter and posed several threats but were unable to get in a good shot. Menke, Pederson, and Woodbury had little trouble foiling Newark's offense.

Drew made its first goal in the beginning of the second quarter. In a crowded and confused

Women's Sports

Men's Dormitories Elect Officers

WOMEN'S VOLLEYBALL INTRAMURALS will begin this week on Wednesday evening at 7:15. All girls who are interested in participating should come this week in order to be placed on a team. Manager Genevieve Brown will organize the teams on a dorm basis. This should not discourage commuters from coming; they will be very welcome. Intramurals do not require outstanding players. The purpose of them is to encourage participation in sports for as many girls as possible, and to provide wholesome recreation. This week the teams will elect captains and play their first games. The tournament will be played in a round-robin, with the winningest team receiving the volleyball trophy.

The other Baldwin officers elected with Landigan are Bob Weldon, Vice President; Tom Andrew, Secretary; Joe Staton, Treasurer; Bob Benner, Social Chairman; Rick Barthel, Discipline Chairman. Serving Hazelton Hall with Williams are Wid Painter, Treasurer; John Stephenson, Secretary; Chuck Carlson, Social Chairman; and Ron Rice, Vice President. The Baldwin Hall officers are working on plans for a Christmas chorale, fireside programs, and various social events. Schedules are being made also for intramural baseball, football, and swimming. The dorm's tentative activities also include a champion ping-pong tournament.

Hazelton Hall officers sponsored an informal dance Saturday, September 29. The group also hopes to remodel the lounge into a television room. They are working on the fireside programs with the officers from Baldwin.

bunching-up in front of Newark's goal, the goalie dropped Vira's kick and fell, allowing Vira to roll the ball into the nets. Continuing the attack, Rice crossed to Vira who made a good shot, but it was saved by Newark's hard-pressed goalie. Then, on an assist by Kelsal, Rice booted in his first goal from the right side, putting Drew ahead, 2-1.

The third period was a scoreless one for both teams. The ball seesawed back and forth for a while before the Rangers took over. Newark posed only one serious threat in the quarter when Pederson lost the ball in the scuffle and left the goal open. Newark was unable to take advantage of the situation and the ball went out of bounds. Drew failed to capitalize on any of the many scoring opportunities, with Vira and Rice missing several attempts.

With Newark in really bad shape, the Rangers had little trouble dominating the ball throughout the fourth quarter. After just a few minutes of play, Vira crossed to last season's high scorer, Dave Klett who booted in the goal to make the score 3-1. Drew continued to press Newark's goalie but failed to get a good shot. Then Vira received the ball all alone on the left side and drove the ball in for his second goal. He followed it up with another after he and Klett carried the ball all the way down and after a beautiful assist by Klett, the boy from Thailand booted in his third goal, making the final score 5-1. Coach Davis then sent in most of the second string to finish the game.

Evidence of Drew's command of the ball throughout the game and the Ranger's constant pressure on the Newark goalie is summed up in the number of saves made by the visiting goalies. Newark made 27 saves while Hal Pederson made only 15. Pederson, though feeling the absence of last year's big fullbacks, had a fine day.

The Ranger's next game will be this Wednesday at St. Peters. On Saturday they will take on the Alumni of Young field at 2:00.

WERD is in need of students to work on its technical staff. Anyone interested is asked to contact Lloyd Stires at Haselton A-32. Also, anyone interested in announcing news on WERD, please contact Allen Merriam, Haselton B-34.

4 NEW CHEERLEADERS SELECTED FOR SQUAD

Four new members have been added to this year's cheerleading squad: Jackie Dumser, a freshman from Long Island, was chosen as a regular member. She has had some experience practicing with her highschool cheerleaders. Gail Seymour, also a freshman, was chosen first alternate and for this semester she is replacing Ann Warner who

is participating in the London Semester. Gail was a "shaker girl" in her Newton, Mass. high-school. This unique squad of girls organized cheering routines to music. The two other new members are Shirley Campbell, a regular, and Betty Petz, second alternate. The girls were picked on appearance, voice, coordination, pep, hand motion, jump, ability to learn, and cooperation. The judges were: Sam Kot, representing the W.A.A., Jerry Williams, President of Varsity D, Dr. Bush, Mrs. Voorhees, Judy Swann, an ex-cheerleader, and the regular cheerleading squad. Returning cheerleaders are Betsy Gesey, Penny Bluhm, Donna Shields, Barbara Stocker, and Judy Ahlstrom, captain. Judy remarked that his year's squad will have some new cheers and livelier routines.

SOUP ON YOUR SPATS?
Dryclean Them Yourself At
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34 Main St., Madison
Sport Coats — 30c each
Skirts — 20c each
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Split A Load With Your Roommate